

Attendance

Regular attendance is really important, so we ask that you bring your child to their bereavement support sessions every week.

We understand that you might become sick and need a day off, or you might go on holiday. This happens for us too. Please let us know as soon as you can so that we can rearrange your child's session if possible, we will do the same if we become unwell or are on annual leave.

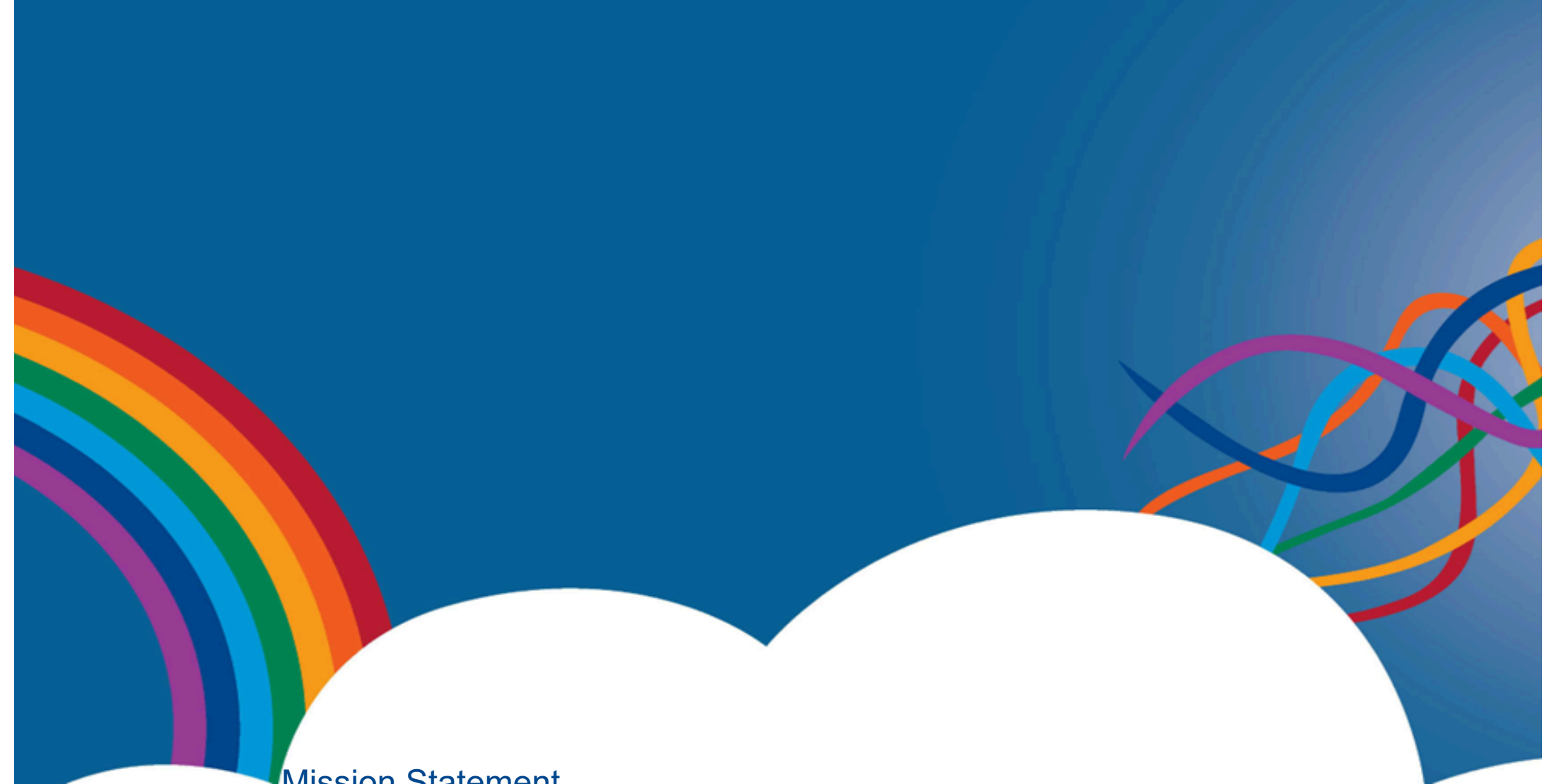
If three sessions are missed and you do not get in touch, we will consider ending support. We may also end support if sessions are attended inconsistently. Your child may be offered extra sessions, or they may choose to end early. Or they may not want the support right now. We will listen to what they want.

When Support Ends.

We understand that sometimes it just isn't the right time for support, so if we do have to end or pause support, you will be welcome to re-refer at time that suits you.. When your child completes their support, we will offer them the opportunity to have their final session in a setting of their choice. This is so that they have control over their ending.

We will ask you, your child and your child's teacher to complete an evaluation.

This will help us to see what we do well, and what we can do better. We understand that things can change as children grow and develop, so please remember that you can re-refer your child for further support in the future if it might be helpful.



Mission Statement

We believe that we can make a difference in the lives of children who have been bereaved by supporting them through their grief using therapeutic play, and providing a safe haven for them to work out their feelings

Richmond's Hope is a Scottish Charitable Incorporated Organisation

SCIO SC036720

[richmondshope](https://www.richmondshope.org.uk)



[RichmondsHopeCharity](https://www.richmondshope.org.uk)

www.richmondshope.org.uk
to make an enquiry about a callback
or visit at your closest base



WHAT TO EXPECT AT YOUR ASSESSMENT

Information
For supporting
children and
young people



At Assessment

When a child or young person comes to the top of the waiting list, we arrange an appointment to carry out an assessment; this is to determine whether our support could be beneficial to your child at this time.

It is important for bereavement support to happen at the right time for your child.

The assessment is carried out by two Therapeutic Grief Practitioners, one of whom will spend some time with you and the other with your child.

We can't make everything better, but we can help you to manage big feelings.

We are available for advice and support relating to the bereavement but may recommend other services if we think that they would be able to help you more effectively with other challenges.

Assessments can be difficult, and we realise that you may think of questions after you leave. Please don't hesitate to get in touch, we will do our best to make the process as straightforward as possible.

"I feel like my family have all benefitted from your support, one way or another" - parent

We welcome re-referrals, so please don't hesitate to re-refer your child if things change.

After Assessment.

The Therapeutic Grief Practitioners will have a meeting to discuss your child's support. We will phone you to let you know whether or not we can offer support at this time.

We May Not Offer Support If:

- Your child appears to be grieving in a healthy way.
- Your child told us that they do not want to come for support just now.
- Your child does not know the cause of death.
- It would not be possible to bring your child to support

If your child is offered support, we will arrange a session time for them when one is available. Sessions are 40 minutes long and normally continue for about 12 weeks.

We will write to you to confirm session times, and we will write to school to make sure that the session time is suitable for them.

"I was able to deal with my grief in a fun but understanding way" -Child

Sessions And You

Your child's sessions are confidential. This means that we won't feedback what happens during sessions unless there is risk, or we have permission from your child to talk about the session. We will encourage your child to feedback to you.

We work using lots of art and craft materials so sometimes things can get a bit messy.

We recommend wearing old clothes to our sessions

You might be invited to take part in a family session. This is completely optional and may not be something that your child chooses to do.

If you are invited to take part in a family session, please remember to take care of yourself if you choose to participate. Let staff know if you would like to be signposted to support for yourself.

If you would like to pass information on to a Therapeutic Grief Practitioner about your child, we ask that you tell your child that you have spoken to us. This helps to keep the relationship between your child and their practitioner open, honest and effective.

Issues raised by parents and caregivers (e.g. anger at home, school issues) won't be addressed during sessions unless your child brings them up. It's their safe space, so we want them to have ownership and control.